

# St. Anne's Connections

The Newsletter of  
St. Anne's Episcopal Church,  
Washougal, WA



CONNECT, SERVE & CELEBRATE  
*in God • in Community • in Nature*

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<https://www.facebook.com/StAnnesWashougal>



## *A Note from Rev. Annie*

Summer is here and our calendars may finally begin to loosen their grip just enough to offer the possibility of rest. And perhaps that is something many of us deeply need.

Rest does not always come easily. We live in a world that often measures worth by productivity and keeps us moving from one task to the next. Yet from the very beginning of Scripture, we are reminded that rest is not simply good—it is holy.

After creation, God rested on the seventh day, not out of exhaustion, but to delight in all that had been made and to give us a sacred rhythm for life. Sabbath, a day spent resting with God, is God's gift to us, a reminder that we are loved not because of what we accomplish, but because we belong to God.

Throughout the Gospels, Jesus himself steps away from the crowds to quiet places to pray, to breathe, and to rest. In Mark 6:31, he says to his disciples, "Come away to a deserted place all by yourselves and rest a while." These words are not merely a suggestion for the weary; they are an invitation into the rhythm of faithful living.

Summer can become a season to rediscover that rhythm. It is a time to trade constant doing for simply being. Creation itself seems to encourage us to slow down—to sit beside the lake or rivers, to feel the warmth of the sun, and remember that we are not machines, but beloved creatures of God.

Rest opens space for renewal, creativity, prayer, and deep listening. It restores our body, mind, and spirit so that we may return to our families, our work, and our communities with greater compassion, kindness and love.

My hope and prayer for each of us this summer is that we may embrace this sacred time of restoration. May we allow ourselves moments of peace and stillness, trusting that God delights in our rest as much as in our work. God loves us deeply, and in that love, we are invited to rest.

# Church Finances

## Treasurer's Summary for the month of April, 2026.

- Pledges, contributions, and the plate were \$9,999.18, slightly more than the expected budget (+ \$17). YTD is \$74,302.67 which is almost \$35,000 more than the YTD budget. The increase happened in earlier months this year, reported in last month's summary (lump sum pledges, one-time gift).
- Total income for the month was \$11,258, about \$1,200 less than budgeted for the month. YTD balance is \$80,074, up approx. \$30,000 from the YTD budget of \$49,856.
- We had no income from the rental house.
- Total expenses for the month were \$19,409, about \$700 more than our projected expenses. Our YTD expenses are \$75,871, which only leaves us ahead by \$4,203.07 YTD, when our income to date is about \$30,000 more than was budgeted.

ST. ANNE'S TREASURER'S REPORT AS OF April 30, 2026			
	April	YTD Budgeted	YTD Actual
<b>INCOME</b>	<b>\$11,258.02</b>	<b>\$49,856.00</b>	<b>\$80,074.02</b>
<b>EXPENSES</b>	<b>\$19,409.02</b>	<b>\$74,816.00</b>	<b>\$75,871.58</b>
<b>NET</b>	<b>(\$8,151.00)</b>	<b>(\$24,960.00)</b>	<b>\$4,202.44</b>

## EVENTS & UPDATES

**IMPACT Camas-Washougal.** Help pack food boxes, bring canned protein food for Treasure House, and enjoy the BBQ and music!

## Church Calendar

We do our best to keep the church calendar up to date. Please be sure to check the calendar if you are planning an event at St. Anne's. The calendar is at: <https://stanneswa.com/my-calendar/>.



**Be the Difference**  
**Summer Food = Brighter Futures**  
 Help buy or pack Food for our Students

**IMPACT**  
 Camas-Washougal

At Parker's Landing Park - Port of Camas-Washougal  
 12 noon - June 14th, 2026

Help pack 200+ food boxes + Safeway gift cards  
 Bring canned protein food for Treasure House  
 Enjoy a free BBQ and live music

Donate \$5, \$10, \$20 or More towards  
 our \$24,000 goal to feed  
 Camas & Washougal students!

Scan QR code for more info  
 and to Donate:

ImpactCamasWashougal.org

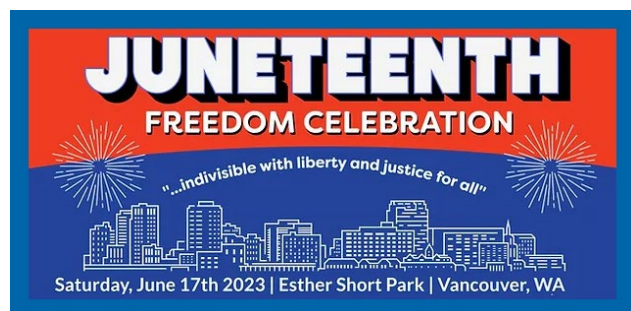
## Juneteenth in the Park

The Episcopal Churches in Clark County will once again be joining together to share God's love with participants at the annual Clark County Juneteenth Celebration at Esther Short Park. The event takes place on **Saturday, June 20, from 10 am to 3 pm**. We will need volunteers to set up, clean up, and greet participants throughout the day. All you need to bring is yourselves—and hopefully some sunscreen! Sign ups can be made using the following link:

<https://www.signupgenius.com/go/10C044AAEA72DA3FFCF8-63789145-juneteenth>

If you have any questions, please contact Deacon Lynette at [diplomaticdeacon@gmail.com](mailto:diplomaticdeacon@gmail.com).

See you there!

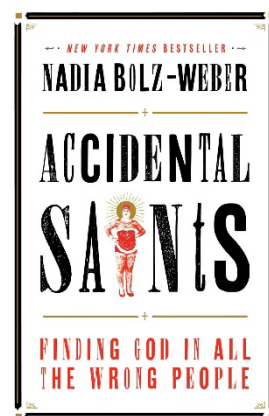


## Refuel Washougal Summer Lunch Program

This will be happening again, but we have no details at this time. Watch for future announcements!

## Book Club

Book Club meets in the conference room at 10:30am. Our current book is: *Accidental Saints: Finding God In All the Wrong People* by Nadia Bolz-Weber. All are welcome to join in.



## 75<sup>th</sup> Anniversary Updates

This year marks the **75<sup>th</sup> anniversary** of the founding of our St. Anne's Episcopal Church here in Washougal. We will celebrate our anniversary on the Feast of St. Anne, celebrated on **Sunday, July 26<sup>th</sup>, 2026**. Mark your calendar for this special day! **AND**, Bishop Phil LaBelle will be joining us that day. He will celebrate and preach at our 10 AM worship, and an outdoor BBQ will follow. Plan to be here!

## Cursillo and Ultrea News



You are warmly invited to join us the First Wednesday of each month at 7pm for a Zoom Ultrea – Be sure to bring your moment closest to Christ. Here is the Zoom Ultrea direct link:

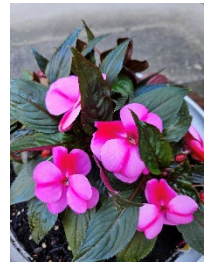
<https://tinyurl.com/OregonZoomUltreyalink>. Please join our Facebook group: <https://facebook.com/groups/94289009763>.

Visit our Oregon/SW Washington Cursillo website at

<https://www.oregon-cursillo.org/>. If you have made your Cursillo

in the past and want to update your information, please [download the form here](#) and give it to Rev. Sheryl.

**Altar Flowers:** A lovely way to honor someone is to donate altar flowers or plants in their name. A \$50 donation would be greatly appreciated! Please indicate on the check or envelope “flowers.” Flowers may be donated for any reason - in memory, for a birthday, or just “because.” Thank you!



**Coffee Hours at St. Anne's:** Be sure to come downstairs after church for our coffee hours! Thank you to everyone who contributes goodies for our coffee hours and to the good souls who help with kitchen cleanup! Please continue to sign up to bring food and to help clean up. The signup sheet is in the Parish Hall.

## *Serving Our Neighbors*

- ❖ **Streetlight Outreach** is a new outreach program in the Washougal area. They operate Thursday through Monday from 5pm to 11pm by ministering to the unhoused living out in the cold. They provide transportation to shelters, detox facilities, and the hospital. They also distribute kits to the unhoused and could use the following supplies:

tents, tarps, blankets, sleeping bags, lots of bottled water, reusable bags or backpacks, thermal socks, gloves, beanies, emergency blankets, hand warmers, ponchos, Cup(s) of Soup, protein items (tuna pouches, jerky, spam singles, etc.), peanut butter crackers, packs of peanut butter, travel hygiene items (wipes, sanitizer, toothbrushes and paste, lip balm, tissues, etc.), small first-aid items (Band-Aids, alcohol wipes, Neosporin packets, etc.)

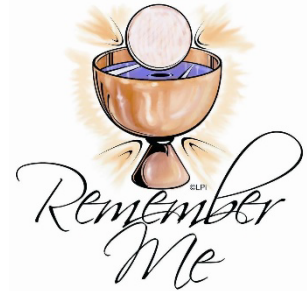
Please drop off your donations in the box labeled "Streetlight Outreach" in the back of the church.

- ❖ **Outreach Resource Hour** at St. Anne's, first and third Wednesdays of each month. See what is offered at <https://stanneswa.com/outreach/>. Contact. Rev. Sheryl with any questions.
- ❖ **Pill Bottle Collection:** We are collecting your used prescription bottles! This is part of [Matthew 25: Ministries](#) and they send the pill bottles along with shipments of medical supplies to developing countries. They are used to deliver smaller amounts of medications (which are delivered in bulk) to patients. There is a bin for your cleaned pill bottles in the Parish Hall. Chip Lees will handle the mailing of them to Matthew 25: Ministries. **If you can contribute to the mailing costs as well, please talk to Chip.** Guidelines: Matthew 25: Ministries accepts donations of clean, empty, recapped, label and residue-free plastic pill bottles.





Our service of **Healing Prayer and Eucharist** is **Wednesdays at noon**. All are welcome to join us in the upstairs chapel. At 11:45, before the service, we offer a simple plainsong chant of the noon service. It is a lovely, worshipful service that only lasts about 10 minutes. The text and chant are provided by Carol Peterman. Please drop in and give this a try! Don't worry if you think you can't carry a tune; everybody can do this.



## *Easy Ways to Share in our Ministries*

❖ **Sidewalk Pantry** –The need is great. Our sidewalk pantry can always use your donations of food for the needy. As soon as food is added it is gone! Please consider picking up a few extra items at the grocery store and bringing them each Sunday. See this list of most needed items [here](#). Used books also welcome.

❖ **Manna Bags** - a Girl Scout in Washougal prepared 300 hygiene kits as a part of her Gold Award. Please take a few from the box downstairs and hand them out to those in need.

❖ **Stewardship** - Give back to God from all the gifts God has given us. We invite you to share your gifts of Time, Talent, and Treasure with St. Anne's and our local community. Please ask how you can share. *Thank you!*

TIME - Your gift of time is unique, because you are the only one who can give it.

TALENT - Your gift of talent is a special gift only you can give. In the words of St. Francis of Assisi, "It is in giving that we receive."

TREASURE - Your financial contribution is important for the ministry of St. Anne's. If viewing online, you can click on the Donate button. Online or viewing in print, you can scan our QR code.

❖ **Laundry Love** – This program helps people in need wash their clothes. This is an ongoing community-wide program that St. Anne's supports. Bring your quarters, dollars, or checks (made out to Camas Friends Church, note in memo line: Laundry Love) and put in the jar at the back of the church. Friends Church gives cards to those needing to wash their clothes which they redeem for quarters at the laundromat. Friends Church then reimburses the laundromat.

**Donate**



## *St. Anne's Bishop's Committee*

Please check the bulletin board in the Parish Hall for the most recently approved meeting minutes and financial report. Minutes are posted **after they are approved** at the next meeting. The next Bishop's Committee meeting is **TBD**.

### *Contacts:*

❖ **OFFICE** - [office@stanneswa.com](mailto:office@stanneswa.com)

❖ **Vicar** - The Rev. Annie Calhoun: 949-300-8434 or [revannie@stanneswa.com](mailto:revannie@stanneswa.com)

- ❖ Deacon – The Rev. Sheryl Haase: [deacon@stanneswa.com](mailto:deacon@stanneswa.com)
- ❖ Deacon – The Rev. Lynette Poulton: [diplomaticdeacon@gmail.com](mailto:diplomaticdeacon@gmail.com)
- ❖ Senior Warden: Paul Anderson: [srwarden@stanneswa.com](mailto:srwarden@stanneswa.com)
- ❖ Pastoral Care & Prayer Ministry - The Rev. Annie Calhoun and The Rev. Sheryl Haase: [prayerministry@stanneswa.com](mailto:prayerministry@stanneswa.com)



Image courtesy of StockCake.com

## THE WIDER CHURCH



### The Episcopal Diocese of Olympia

The Episcopal Church in Western Washington

<https://ecww.org>

You can sign up for diocesan newsletters to be delivered directly to your email. Go to <https://ecww.org/> and scroll to the bottom of the page for the link to newsletters.

Our cathedral, St. Mark's in Seattle, has a quarterly publication: *The Rubric*.

The issues are available online at <https://saintmarks.org/connect/the-rubric/>.

**Weekly Online Centering Prayer, Fridays at noon.** Welcoming Prayer at noon, centering prayer starts at 12:30. Register to receive the Zoom link. [https://www.thesacredwaterscenter.org/service-page/online-centering-welcoming-prayer?referral=service\\_list\\_widget](https://www.thesacredwaterscenter.org/service-page/online-centering-welcoming-prayer?referral=service_list_widget).

**Diocesan Convention: October 23-24, 2026.** Details at <https://ecww.org/about-the-diocese-of-olympia/diocesan-convention/>.

## Trinity Episcopal Cathedral

Episcopal Diocese of Western Oregon

147 NW 19th Avenue (at NW Everett), Portland, Oregon 97209

<https://www.trinity-episcopal.org/spiritual-formation-special-events>

### Contemplative Chanting

Join us every 2nd & 4th Tuesday for sacred chant. We will chant the Psalms (using both the Biblical and the Nan Merrill translations), Taize, Gregorian, contemporary and Songs of the Presence as a way to connect with the Spirit in prayer. Free to attend, but advance registration is required. Registration is always open; join anytime! Register in Advance:

<https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=ODdjMzljMzMtMmE5Mi00ZDg5LWFhNDgtYjBMTAwMDkyMDAy>.

### Contemplative Prayer Group ONLINE

Join fellow spiritual seekers every Saturday morning on Zoom for a group contemplative practice – a wonderful way to find support for your own meditation practice. All mindfulness practices & religious traditions are welcome! No experience necessary. Questions? Contact Pat Zimmer,

[przimmer@comcast.net](mailto:przimmer@comcast.net). Register at:

<https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=NTZjMzZIMWItOTQxOS00N2Q4LWFmM2QrYWVmMDAwYzUzNDM2>.



## The National Church

<https://www.episcopalchurch.org/>

**Public Witness Weekly Prayers:** The Episcopal Church Office of Public Affairs weekly prayers are available in English, French, and Spanish as we seek God's guidance and discern how each of us can respond. Prayers are at: <https://www.episcopalchurch.org/ministries/office-government-relations/public-policy-and-witness-weekly-prayers/>

There's a nice timeline of the development of the Anglican to Episcopal church here:

<https://www.episcopalchurch.org/organizations-affiliations/history-episcopal-church/timeline-2/>.

## The Anglican Communion

<https://www.anglicancommunion.org/>

The Anglican Communion News Service:

<https://www.anglicannews.org/>.

