

# St. Anne's Connections

The Newsletter of  
St. Anne's Episcopal Church,  
Washougal, WA



CONNECT, SERVE & CELEBRATE  
*in God • in Community • in Nature*

<https://www.stanneswa.com/> | [office@stanneswa.com](mailto:office@stanneswa.com)  
<https://www.facebook.com/StAnnesWashougal>



## *A Note from Rev. Annie*

The leaves are changing colors and dropping, the annual reminder to let go of whatever is holding us back from living a life of love for God and for each other. This can be challenging internal work to do. Every Sunday service we pray for God's support as we continue to work on deepening our ability to love. In the confession we admit our limitations, faults, regrets and sins. We pray for forgiveness and strength to more closely love as Jesus has asked. The priest in turn prays for God to have mercy on us and increase our strength in all goodness.

It's after this time in our worship that we begin the great thanksgiving, also known as Holy Eucharist, Communion or the Lord's Supper. The words we say remind us of all that we can be thankful for; creation, life, God's generosity, God's continued presence in our lives and for Jesus, through whom we know God and God's redeeming love.

Here are two Bible verses that help keep us focused on God's goodness and care. I hope that praying these the next few weeks will bring hope and gratitude into your life.

This is an easy one to memorize:

O give thanks to the Lord, for he is good, for his steadfast love endures forever. *1 Chronicles 16:34.*

The section below is from the book of the prophet Isaiah who is speaking for God in this section: For as the rain and the snow come down from heaven and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the Sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose and succeed in the thing for which I sent it. For you shall go out in joy and be led back in peace; the mountains and the hills before you shall burst into song, and all the trees of the field shall clap their hands. *Isaiah 55:10-12.*

## ST. ANNE'S CALENDAR

The holidays are almost here! In addition to our usual Sunday worship at 10 AM and our Wednesday worship at Noon, we are including some special services and activities. Below is the calendar for St. Anne's through the end of 2025. I hope you can join us!



### **All Saints Day Sunday November 2**

During worship we will light candles in remembrance of those we love who have gone before us.

### **The “Giving Thanks” Tree Sundays November 9, 16, 23**

In anticipation of Thanksgiving please add your special thanks to the “Giving Thanks” tree in the back of the church.

### **Annual Pre-Thanksgiving Meal Sunday November 23**

St. Anne’s will be celebrating all our gratitude to God with turkey and all the fixings after our 10AM worship. Please join us for a great meal and fellowship. A sign-up sheet will be passed around at church with options for turkey, all the side dishes, and dessert. Please sign up to bring your favorite dish to share.



### **Advent Begins on Sunday November 30**

Advent is a four-week season of remembering and celebrating the arrival of Jesus on Earth. There are four themes of Advent—hope, peace, joy, and love that guide us through a season of meaningful reflection and spiritual preparation. As each week unfolds, these themes encourage us to align our hearts with the message of Christ's birth, deepening our understanding of his presence in our lives

### **Advent Candle Lighting Sundays in Advent November 30, December 7,14,21**

Churches traditionally countdown to Christmas using special candles on an Advent wreath. We begin this on Sunday November 30.

### **Children’s Message Sundays in Advent November 30, December 7,14, 21**

On Sundays in Advent the children will stay in the church for a special children’s sermon before going to Sunday School.

### **“Greening the Church” Sunday December 14**

The beauty of the Christmas season includes using evergreens as we decorate. During the First Century Romans considered evergreens as emblems of peace, joy, and victory. Early Christians placed them in their windows to indicate that Christ had entered the home. Holly, ivy, pine, cedar and fir are evergreens as they never change color and are “ever-alive”, even in winter. They symbolize the unchanging nature of our God, reminding us of the everlasting life that is ours through Christ Jesus. All are invited to help decorate the church for Christmas! Please plan on joining us right after we worship on Sunday

### **“Blue Christmas” Wednesday December 17 at Noon and at 7 PM**

A Blue Christmas Service is offered especially for those hurting during the holidays. Some come because they are mourning the death of a loved one and others come for comfort for all the pain in our lives and in the world. We gather for worship and support in the midst of suffering to remember God is good and present. We are not alone, and we have every reason to hold on to hope. Please join us.



### **“Christmas Pageant” Sunday December 21 during our 10 AM service**

Children are invited to put on costumes for the Nativity scene as sing songs telling the Christmas story. Adults are included too!

**Christmas Eve Service Wednesday December 24 at 5 PM**

**Christmas Day Service Thursday December 25 at 10 AM**

**“Lessons and Carols” Sunday December 28 at 10 AM**

## **“All Hands and Hearts”**

All Hands & Hearts is a global disaster relief nonprofit that partners with communities to deliver immediate response and long-term recovery. Through emergency relief, rebuilding, and getting children back to school, we help communities recover faster, rebuild stronger, and prepare for the future. David Bollin, one of our members here at St. Anne’s has been involved as a volunteer with this group. This is from him:



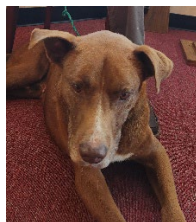
“Help me support Hurricane Helene Relief efforts. I’m headed to Asheville North Carolina again to do what I can to help the families affected by the flood to get back into their homes. This time last year All Hands and Hearts launched an immediate response to Hurricane Helene, based in Asheville, North Carolina focusing on heavily impacted areas assessing damage and beginning recovery efforts. We did primarily muck and guts on homes, stripping out Sheetrock, insulation and emptying the homes of ruined contents.

This time around the focus will be more on rebuilding, putting back in the insulation, Sheetrock, trim and paint that homes need to become livable spaces again. (Imagine you’ve been living this past year with a non-functioning home and how amazing it would be to have a crew come in and put it all back together). All this is accomplished through the kindness of your donations so anything you can give is very much appreciated and put to good use. **Any amount of a donation helps so please give if you’re able. Thanks.”**

Check out my fundraising page for All Hands & Hearts

<https://give.allhandsandhearts.org/fundraiser/5916856>

**Blessing of the Animals** was held on Sunday, October 5. People brought their pets, or a picture of their pet, or a stuffed animal, for a blessing. Thank you to Cherie Kearney for the great photos!



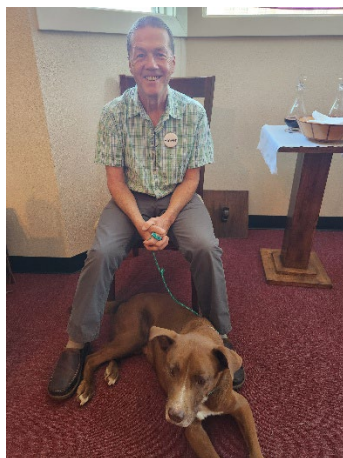












## Stewardship drive for 2026

During October and November we focus on the financial needs of St. Anne's. We are self-funded, and your pledge of financial support allows St. Anne's to be as described in our mission statement as a place "To love God, to love our neighbors as ourselves, to feed the hungry and welcome the stranger, to uphold the dignity of every human being, and to be peacemakers in a time of strife."

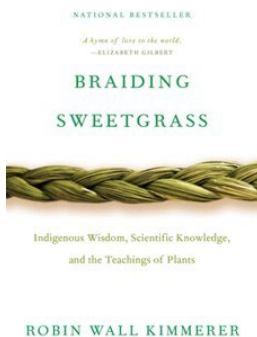


Out of gratitude please help St. Anne's continue as a place to live out Jesus' message to love and serve with compassion and kindness. Your presence, time, skills, and money help us continue to be this voice in our corner of the world.

## EVENTS & UPDATES

### The Gift of a Good Goodbye, sponsored by St. Luke's ~ San Lucas Episcopal Church.

A workshop to help you create an End-of-Life Plan, will be held on November 8th from 9:30 am to 12:30 pm in the Church Hall. Sign-up sheets are in the Narthex and the Church Hall. At St. Luke's ~ San Lucas Congregation, 426 NE Fourth Plain Blvd, Vancouver. Please contact Judy Morrison ([JKMRDH@comcast.net](mailto:JKMRDH@comcast.net)), Gail Bauhs ([thebauhs@comcast.net](mailto:thebauhs@comcast.net)) or Greg Sabin ([grgry\\_sbn@yahoo.com](mailto:grgry_sbn@yahoo.com)) with questions!



**Book Club:** Meets Wednesdays at 10:30am. We're on break until Wednesday **November 12** when we take up Braiding Sweetgrass by Robin Wall Kimmerer. Available from your preferred bookseller. Everyone is welcome to join us in the downstairs conference room (Hubbard Hall).

## Cursillo and Ultrea News



Grand Ultrea **Saturday, November 15, 2025 at 2pm** – in person at 8818 SW Miley Rd., Wilsonville, OR. Bring a friend.

You are also warmly invited to join us the **First Wednesday of each month at 7pm** for a Zoom Ultrea – Be sure to bring your moment closest to

Christ. Here is the Zoom Ultrea direct link: <https://tinyurl.com/OregonZoomUltreyalink>.

Please join our Facebook group: <https://facebook.com/groups/94289009763>

Visit our Oregon/SW Washington Cursillo website at <https://www.oregon-cursillo.org/>

**Upcoming Cursillo – April 30-May 3, 2026.** Contact Rev. Annie or Rev. Sheryl with any questions.



**Pledges:** We run a tight ship here at St. Anne's and it makes a big difference when we receive your pledges weekly or monthly. Please help the Bishop's Committee and our financial team be good stewards of your pledge and donations by maintaining your financial contributions year-round. Please prayerfully consider sharing a portion of your tax return or any unexpected financial gifts with St. Anne's. Our ability to be a loving and progressive place for worship, community and service depends on your support in volunteer time, sharing skills and your commitment to contributing money to cover our costs. Thank you so much!



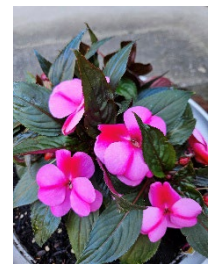
**Treasurer's Summary for the month of September:**

**Total income for September: \$9,993.95. Total income YTD: \$158,455.27**

**Total expenses for September: \$18,226.67. Total expenses YTD: \$168,734.64.**

**Income to Expense: -\$10,279.37, which is actually much less than anticipated at the first of the year.**

**Altar Flowers:** A lovely way to honor someone is to donate altar flowers in their name. Please use the "Altar Flowers Sign Up" poster in the parish hall. A \$50 donation would be greatly appreciated! Please indicate on the check or pledge envelope "flowers." Flowers may be donated for any reason - in memory, for a birthday, or just because. Thank you!



**Coffee Hours News:** Be sure to come downstairs after church for our coffee hours! Thank you so much to those who brought goodies this month to share with hungry church goers and a big thank you to everyone who volunteered to load the dishwasher when we were done eating. Now, with a new month here, it is time to start thinking about bringing in munchies for five Sundays. You can sign up on the clipboard or just bring a surprise. FYI: We do have some folks who have

gluten free or diabetic needs. **Watch for the signup for our feast on Nov. 23<sup>rd</sup>!** Thank you!  
~Maryanne Lovell

## *How We Serve*

- ❖ **Pill Bottle Collection:** We are collecting your used prescription bottles! This is part of [Matthew 25: Ministries](#) and they send the pill bottles along with shipments of medical supplies to developing countries. They are used to deliver smaller amounts of medications (which are delivered in bulk) to patients. There is a bin for your cleaned pill bottles in the Parish Hall. Chip Lees will handle the mailing of them to Matthew 25: Ministries. If you can contribute to the mailing costs as well, please talk to Chip. Guidelines: Matthew 25: Ministries accepts donations of clean, empty, recapped, label and residue-free plastic pill bottles for inclusion in shipments of medical supplies. Our pill bottle program fulfills the dual needs of improving medical care in developing countries and caring for our environment.





- ❖ **Recovery Café** Recovery Café of Clark County meets in the St. Anne's Parish Hall every Monday from 9am-1pm. <https://www.recoverycafec.org/>.
- ❖ **Refuel Washougal:** Refuel serves a hot meal to anyone who comes to the Washougal Community Center on Fridays from 4-6pm. **St. Anne's remaining service date this year is Nov. 14.** Contact Fran Whitmeyer or Rev. Annie with any questions.
- ❖ **Safe Stay Car Camping Program.** St. Anne's Safe Stay program honors our commitment to serve our community by providing a place for people living in their cars to park at night. Contact Mary Tipton or [safestay@stsnneswa.com](mailto:safestay@stsnneswa.com).
- ❖ **The Grethe Barber Prayer Shawl Ministry:** We knit or crochet prayer shawls to give away to those who are grieving, ill, or just need some extra comfort. If you'd like to join us, please email [prayershawls@stanneswa.com](mailto:prayershawls@stanneswa.com) for additional information.

## Ways to Pray and Worship

### Prayer Requests and Prayer List

If you would like prayers for yourself or a loved one, please add their name to our prayer list. There are a few ways to do this: prayer cards are in the pews, a request for prayer is available by clicking on "Pray" on our website, or contact Rev. Annie or Rev. Sheryl, in person or by phone call, text, or email. You can also send an email to [prayerministry@stanneswa.com](mailto:prayerministry@stanneswa.com). We list people by first names only for privacy.

We give thanks for our mutual interdependence in Christ, and pray for healing of body, mind, and soul:



For Parish members, especially:

*Quinn, Teddy, Ron, Stephen, Marlene, Anne, Kim, Don, Amanda, Margaret.*

For the homebound, especially: *Odell, Edith, Bill, and Mary.*

For our family and friends, especially: *Bruce, Dave, Mica, Tabby, Michelle, Deborah, Kaylee, Pat, Laura, Donna, Tyler.*

For our Safe Stay guests: *Steve, John, Kevin & Gaia, David, Johnse, Jay, and Shelly, Danny.*

For those who have said no prayers, and for whom no one has prayed

**The Chapel upstairs is open for silent prayer before worship on Sunday mornings at 9:30.** Prayer books and Bibles are available for your use.

Our service of **Healing Prayer and Eucharist is Wednesdays at noon.** All are welcome to join us in the Chapel. The breezeway gate by the front door of the church will be open to enter on that level for those who find stairs difficult. A unique service focused on healing for yourself, or to pray for a loved one.



On **Wednesdays at 11:45am** (before the Eucharist service) in the upstairs chapel we offer a **plainsong chant** of the noon service from the St. Helena Breviary (an Episcopal order). It is a lovely, worshipful service that only lasts about 10 minutes. The text and chant are provided by

Carol Peterman. Please drop in and give this a try! Don't worry if you think you can't carry a tune; everybody can do this.

## *Easy Ways to Participate in our Ministries*

❖ **Sidewalk Pantry** – The need is great. Our sidewalk pantry can always use your donations of food for the needy. As soon as food is added it is gone! Please consider picking up a few extra items at the grocery store and bringing them each Sunday. See this list of most needed items [here](#). Used books also welcome.

❖ **Manna Bags** - a Girl Scout in Washougal prepared 300 hygiene kits as a part of her Gold Award. Please take a few from the box downstairs and hand them out to those in need.

❖ **Stewardship** - Give back to God from all the gifts God has given us. We invite you to share your gifts of Time, Talent, and Treasure with St. Anne's and our local community. Please ask how you can share. *Thank you!*

**Donate**

TIME – Your gift of time is unique, because you are the only one who can give it.

TALENT – Your gift of talent is a special gift only you can give. In the words of St. Francis of Assisi, “It is in giving that we receive.”

TREASURE – Your financial contribution is important for the ministry of St. Anne's. If viewing online, you can click on the Donate button. Online or viewing in print, you can scan our QR code.

❖ **Laundry Love** – This program helps people in need wash their clothes. This is an ongoing community-wide program that St. Anne's supports. Bring your quarters, dollars, or checks (made out to Camas Friends Church, note in memo line: Laundry Love) and put in the jar at the back of the church. Friends Church gives cards to those needing to wash their clothes which they redeem for quarters at the laundromat. Friends Church then reimburses the laundromat.



## *St. Anne's Bishop's Committee*

Please check the bulletin board in the Parish Hall for the most recently approved meeting minutes and financial report. Minutes are posted *after they are approved* at the next meeting. The next Bishop's Committee meeting is TBD.

## *Contacts:*

✚ **OFFICE** – [office@stanneswa.com](mailto:office@stanneswa.com)

✚ **Vicar** – The Rev. Annie Calhoun: 949-300-8434 or [revannie@stanneswa.com](mailto:revannie@stanneswa.com)

✚ **Deacon** – The Rev. Sheryl Haase: [deacon@stanneswa.com](mailto:deacon@stanneswa.com)

✚ **Senior Warden:** Paul Anderson: [srwarden@stanneswa.com](mailto:srwarden@stanneswa.com)

✚ **Pastoral Care & Prayer Ministry** - The Rev. Annie Calhoun and The Rev. Sheryl Haase: [prayerministry@stanneswa.com](mailto:prayerministry@stanneswa.com)

✚ **Altar Guild** - Tusie Hodgin or Kim Noll

✚ **Audio/Visual** – Chip Lees

✚ **Buildings & Grounds:** [buildingsgrounds@stanneswa.com](mailto:buildingsgrounds@stanneswa.com)



- ✚ Coffee Hour and food for special events - Roger Rissler and Maryanne Lovell
- ✚ Communications - Janet Fischer, Chip Lees, Rev. Annie @ [communications@stanneswa.com](mailto:communications@stanneswa.com)
- ✚ Finance Team - [treasurer@stanneswa.com](mailto:treasurer@stanneswa.com)
- ✚ Laundry Love - Bonnie Jean Ione
- ✚ Nursery & Sunday School - Meg Sundseth
- ✚ Readers/Lectors - Mary Tipton
- ✚ ReFuel Washougal - Fran Whitmeyer
- ✚ Safe Stay Ministry - Mary Tipton, Chair, or the whole group @ [safestay@stanneswa.com](mailto:safestay@stanneswa.com)
- ✚ Ushers and outdoor set-up - Chip Lees



Image courtesy of StockCake.com

## THE WIDER CHURCH



### The Episcopal Diocese of Olympia

The Episcopal Church in Western Washington

<https://ecww.org>

You can sign up for diocesan newsletters to be delivered directly to your email. Go to <https://ecww.org/> and scroll to the bottom of the page for the link to newsletters.

Our cathedral, St. Mark's in Seattle, has a quarterly publication: *The Rubric*.

The issues are available online at <https://saintmarks.org/connect/the-rubric/>.

**Adult Faith Formation.** The Diocese has a new website for adult faith formation offerings and suggestions, including a section on books for book discussion groups! Also included are Bible studies and topical offerings. Check it out: <https://ecww.org/faith-formation/adult/>. Resources for children and youth are here: <https://ecww.org/faith-formation/children/>. Let Rev. Annie know if something piques your interest!

**Weekly Online Welcoming & Centering & Prayer** - Fridays, starting September 19, 12:00 pm. Registration: \$20/month. Weekly Online Interspiritual Group Contemplative Practices beginning Friday, September 19, via Zoom. **Welcoming Prayer meets Fridays from 12:00pm PT to 12:30pm PT. Centering Prayer meets Fridays from 12:30pm PT to approximately 1:00pm PT.** Fee: \$20/month for either or both sessions. Register to receive the Zoom link.

Though contemplative practices are often thought of as solitary endeavors, community is a very important component in supporting our individual intentions. Whether you're an experienced contemplative or just starting to engage, you're welcome to join in! **Welcoming Prayer** is a method of consenting to God's presence and action in our physical and emotional reactions to events and situations in daily life. The purpose of the Welcoming Prayer is to deepen our relationship with God through consenting in the ordinary activities of our day — "consent-on-the-go." **Centering Prayer** is a receptive method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself.

[The Wisdom School at St. Mark's Cathedral](https://saintmarks.org/learn/wisdom-school/) has released their 2025-2026 offerings. These are available both in person and via Zoom. For details, please visit <https://saintmarks.org/learn/wisdom-school/>.

## Events at Trinity Episcopal Cathedral

147 NW 19th Avenue (at NW Everett), Portland, Oregon 97209

Check out the Cathedral's events at:

<https://www.trinity-episcopal.org/spiritual-formation-special-events>

Trinity Cathedral in Portland has launched their **Center for Sacred Learning**, with many offerings this fall. Please check it out at <https://www.trinity-episcopal.org/sacred-learning>. There are opportunities for community prayer, learning about icons, learning about how the Episcopal church is governed, and more.

### [Contemplative Chanting](#)

Join us every 2nd & 4th Tuesday for sacred chant. We will chant the Psalms (using both the Biblical and the Nan Merrill translations), Taize, Gregorian, contemporary and Songs of the Presence as a way to connect with the Spirit in prayer.

*Free to attend, but advance registration is required. Registration is always open; join anytime!*

**Register in Advance:**

<https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=ODdjMzljMzMtMmE5Mi00ZDg5LWFhNDgtYjBlMTAwMDkyMDAy>

### [Contemplative Prayer Group ONLINE](#)

Join fellow spiritual seekers every Saturday morning on Zoom for a group contemplative practice – a wonderful way to find support for your own meditation practice. All mindfulness practices & religious traditions are welcome! No experience necessary.

**Register at:**

<https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=NTZjMzZlMWItOTQxOS00N2Q4LWFmM2QtYWVmMDAwYzUzNDM2> **Questions?** Contact Pat Zimmer, [przimmer@comcast.net](mailto:przimmer@comcast.net).