

St. Anne's Connections

The Newsletter of
St. Anne's Episcopal Church,
Washougal, WA



CONNECT, SERVE & CELEBRATE
in God • in Community • in Nature

<https://www.stanneswa.com/> | office@stanneswa.com
<https://www.facebook.com/StAnnesWashougal>

A Note from Rev. Annie

Rev. Annie is taking a writing break for the summer. Please enjoy the prayer below.

A Celtic Night Prayer

Creator God who upholds me,
Send your peace to sooth me,
When this world and its troubles,
Press hard down upon me.

Like a fair breeze from the south,
Your words they comfort me.
They make me long each day,
For everlasting justice and peace.

You alone have the wisdom of the ages,
You alone understand my heart.
Please Holy One give me rest and repose,
Give me the peace that only you can grant.

Give me repose this night and every night.
In the name of the Lamb,
The redeemer and the comforter,
Christ our King.

Amen

By Beth Maxwell Boyle

EVENTS & UPDATES

Summer Lunch Program

Through August, Refuel Washougal is providing summer lunches to kids age 18 or younger at Hathaway Park in Washougal. St. Anne's is providing the use of our kitchen for the prepping of the lunches.

Please **donate food for the lunches** by going to [Refuel's Amazon Wishlist](#) and selecting some items. They will ship to Fran Whitmeyer, President of the Board for Refuel.

The signup page to **help deliver**

lunches is: <https://www.signupgenius.com/go/904084DAAAE2BA7FF2-56828283-summer#/>. NOTE: Navigate to the CALENDAR view, rather than the list view. Then you can select the days you can help deliver lunches, one at a time.

If you can help **pack the bag lunches**, please sign up for that here: <https://www.signupgenius.com/go/904084DAAAE7FF2-57070230-summer#/>.



Peace and Justice Fair: The Episcopal Churches in Clark County will have a booth at the annual Peace and Justice Fair, held **Saturday, September 13** at Esther Short Park in Vancouver. The event is from 10 am to 4 pm. One hour slots, as well as opportunities for setup and cleanup, are available on signup genius at the following link: <https://www.signupgenius.com/go/10C0A4CA9AD2FA1FAC43-57699683-peace/171524373>
We look forward to seeing you all there!

Book Club: On a break until September!

The Grethe Barber Prayer Shawl Ministry: We're taking a break over summer and will not meet in July or August. If you are interested in this ministry please email prayershaws@stanneswa.com for additional information.



Oregon and SW Washington Episcopal Cursillo offers a monthly Zoom Ultreya online the first Wednesday of each month. For details, including the Zoom link, visit <https://tinyurl.com/OregonZoomUltreya> A link can also be found at the main Oregon and SW Washington Cursillo website: <https://www.oregon-cursillo.org/>. Please contact Kevin Mallon at

k.mallon@frontier.com or 503-863-1973 for more information and how you can help. Visit our Facebook group: <https://facebook.com/groups/94289009763>. Share the love and show your support.

Pledges: We run a tight ship here at St. Anne's and it makes a big difference when we receive your pledges weekly or monthly. Please help the Bishop's Committee and our financial team be good stewards of your pledge and donations by maintaining your financial contributions year-round. Please prayerfully consider sharing a portion of your tax return or any unexpected financial gifts with St. Anne's. Our ability to be a loving and progressive place for worship, community and service depends on your support in volunteer time, sharing skills and your commitment to contributing money to cover our costs. Thank you so much!

Our next Bishop's Committee meeting is later in August and we'll have a financial update for the September newsletter.

Altar Flowers: A lovely way to honor a loved one is to donate Altar flowers in their name. Please use the "Altar Flowers Sign Up" poster in the parish hall. A \$50 donation would be greatly appreciated! Please indicate on the check or pledge envelope "flowers." Flowers may be donated for any reason - in memory, for a birthday, or just because. Thank you!

Notes from the Kitchen: There are five Sundays this month! Please help make coffee hour delicious by bringing something to share. Please sign up on the "Coffee Hour" clipboard and fill up the Sundays in August. Also, label the dishes you bring so we can get them back to you.



Kitchen Clean-Up Help: All of us are needed to help clean up after each coffee hour. This is easy and with many hands it goes quickly. The directions are posted in the kitchen. Teamwork makes Dream Work!

St. Anne's Serves Our Community!

- ❖ **Refuel Washougal:** Refuel serves a hot meal to anyone who comes to the Washougal Community Center on Fridays from 4-6pm. St. Anne's remaining service dates are **Sept. 12 and Nov. 14**. Contact Fran Whitmeyer with any questions.
- ❖ **Safe Stay Car Camping Program.** St. Anne's Safe Stay program honors our commitment to serve our community by providing a place for people living in their cars to park at night. Contact Mary Tipton or safestay@stsnneswa.com.

Resource Hour On Hiatus

Resource Hour was designed as a twice monthly opportunity for various service providers and agencies to offer our Safe Stay guests help. Council for the Homeless, Columbia River Mobile Health, Sea Mar,

Lifeline, Recovery Café, and Humana sent representatives to assist with registering people for housing, health insurance, medical care, and phones. Many of our car camping guests are now in supportive housing because of the help from our resource partners.

The federal funding for these programs has been reduced or completely cancelled, resulting in reduction of staff and programs. Unfortunately, these agencies can no longer provide services, nor can they send staff to come from Vancouver to Washougal.

These agencies provided direct opportunities and support to those in need. We can't thank them enough for the life changing work they provided. ~ Rev. Sheryl Haase.

Ways to Pray and Worship

Prayer Requests and Prayer List

If you would like prayers for yourself or a loved one, please add their name to our prayer list. There are a few ways to do this: prayer cards are in the pews, a request for prayer is available by clicking on "Pray" on our website, or contact Rev. Annie or Rev. Sheryl, in person or by phone call, text, or email. You can also send an email to prayerministry@stanneswa.com. We list people by first names only for privacy.



We give thanks for our mutual interdependence in Christ, and pray for healing of body, mind, and soul:

For Parish members, especially Shirley, Quinn, Teddy, Ron, Stephen, Marlene, Anne, Kim R., Don.

For the homebound, especially Odell, Edith, Bill, and Mary.

For our family and friends, especially Bruce, LeeAnn, Fiona, Michael, Gabe, Victor, Lorraine, Dave, John, Jeri, Susan, John, Rhoda, Dan, Liz, Felix, Mica, Sandy, Charlotte, the Ball family, the Allen family, Aaron, the Baker family, Laura, Nick, Lynda, Tom, Brianna.

For our Safe Stay guests: Steve, John, Randy, Kevin and Gaia, David, Jauncie, and for those who reach out to help them.

For those who have said no prayers, and for whom no one has prayed.

The Chapel upstairs is open for silent prayer before worship on Sunday mornings at 9:30. Prayer books and Bibles are available for your use.



Our service of **Healing Prayer and Eucharist** is **Wednesdays at noon**. All are welcome to join us in the Chapel. The breezeway gate by the front door of the church will be open to enter on that level for those who find stairs difficult. A unique service focused on healing for yourself, or to pray for a loved one.

Easy Ways to Participate in our Ministries

- ❖ **Sidewalk Pantry** –The need is great. Our sidewalk pantry can always use your donations of food for the needy. As soon as food is added it is gone! Please consider picking up a few extra items at the

grocery store and bringing them each Sunday. See this list of most needed items [here](#). Used books also welcome.

- ❖ **Manna Bags** - a Girl Scout in Washougal prepared 300 hygiene kits as a part of her Gold Award. Please take a few from the box downstairs and hand them out to those in need.

- ❖ **Stewardship** - Give back to God from all the gifts God has given us. We invite you to share your gifts of Time, Talent, and Treasure with St. Anne's and our local community. Please ask how you can share. *Thank you!*

TIME - Your gift of time is unique, because you are the only one who can give it.

TALENT - Your gift of talent is a special gift only you can give. In the words of St. Francis of Assisi, "It is in giving that we receive."

TREASURE - Your financial contribution is important for the ministry of St. Anne's. If viewing online, you can click on the Donate button. Online or viewing in print, you can scan our new QR code!

Donate



- ❖ **Laundry Love Project** - This program helps people in need wash their clothes. This is an ongoing community-wide program that St. Anne's supports. Bring your quarters, dollars, or checks (made out to Camas Friends Church, note in memo line: Laundry Love) and put in the jar at the back of the church. Friends Church gives cards to those needing to wash their clothes which they redeem for quarters at the laundromat. Friends Church then reimburses the laundromat.

St. Anne's Bishop's Committee

Please check the bulletin board in the Parish Hall for the most recently approved meeting minutes and financial report. The next Bishop's Committee meeting is **Sunday, August 17**, after the service.

Contacts:

- ✚ **OFFICE** - office@stanneswa.com
- ✚ **Vicar** - The Rev. Annie Calhoun: 949-300-8434 or revannie@stanneswa.com
- ✚ **Deacon** - The Rev. Sheryl Haase: deacon@stanneswa.com
- ✚ **Senior Warden**: Paul Anderson: srwarden@stanneswa.com
- ✚ **Pastoral Care & Prayer Ministry** - The Rev. Annie Calhoun and The Rev. Sheryl Haase: prayerministry@stanneswa.com
- ✚ **Altar Guild** - Tusie Hodgins or Kim Noll
- ✚ **Audio/Visual** - Chip Lees
- ✚ **Buildings & Grounds**: buildingsgrounds@stanneswa.com
- ✚ **Coffee Hour** and food for special events - Roger Rissler and Maryanne Lovell
- ✚ **Communications** - Janet Fischer, Chip Lees, Rev. Annie @ communications@stanneswa.com
- ✚ **Finance Team** - treasurer@stanneswa.com
- ✚ **Laundry Love** - Bonnie Jean Ione
- ✚ **Nursery & Sunday School** - Meg Sundseth
- ✚ **Readers/Lectors** - Mary Tipton
- ✚ **ReFuel Washougal** - Fran Whitmeyer

- ✚ Safe Stay Ministry – Mary Tipton, Chair, or the whole group @ safestay@stanneswa.com
- ✚ Ushers and outdoor set-up - Chip Lees



Image courtesy of StockCake.com

THE WIDER CHURCH



The Episcopal Diocese of Olympia

The Episcopal Church in Western Washington

<https://ecww.org>

You can sign up for diocesan newsletters to be delivered directly to your email. Go to <https://ecww.org/> and scroll to the bottom of the page for the link to newsletters.

Our cathedral, St. Mark's in Seattle, has a quarterly publication: *The Rubric*.

The issues are available online at <https://saintmarks.org/connect/the-rubric/>.



**PEACE
WITH CREATION**
SEASON OF CREATION 2025

Season of Creation Resources and Events.

From September 1, [World Day of Prayer for the Care of Creation](#), to October 4, the Feast of St. Francis of Assisi, Christians all over the globe celebrate the Season of Creation (SoC). This year's theme is **Peace With Creation**.

Congregations are invited to engage with the Season of Creation in their worship, formation, and community action. At the 2022 Diocesan Convention, we voted to adopt the Season of Creation. Thus, we “commend to and encourage all congregations in our Diocese to study and creatively adapt to celebrate and better understand Creation in their locality!” You can read the full resolution [here](#) (#5, page 11).

Is your church doing something special for SoC? *Please submit any events [here](#). Resources can be sent to Adrienne at <mailto:aelliott@ecww.org>.*

Events at Trinity Episcopal Cathedral

147 NW 19th Avenue (at NW Everett)

Portland, Oregon 97209

Check out the Cathedral's events at:

<https://www.trinity-episcopal.org/spiritual-formation-special-events>

Contemplative Chanting

Join us every 2nd & 4th Tuesday for sacred chant. We will chant the Psalms (using both the Biblical and the Nan Merrill translations), Taize, Gregorian, contemporary and Songs of the Presence as a way to connect with the Spirit in prayer.

Free to attend, but advance registration is required. Registration is always open; join anytime!

Register in Advance:

<https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=ODdjMzljMzMtMmE5Mi00ZDg5LWFhNDgtYjBlMTAwMDkyMDAy>

Contemplative Prayer Group ONLINE

Join fellow spiritual seekers every Saturday morning on Zoom for a group contemplative practice – a wonderful way to find support for your own meditation practice. All mindfulness practices & religious traditions are welcome! No experience necessary.

Register at:

<https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=NTZjMzZlMmE5Mi00ZDg5LWFhNDgtYjBlMTAwMDkyMDAy> **Questions?** Contact Pat Zimmer
(przimmer@comcast.net)

Public Labyrinth Walk

Kempton Hall, Trinity Cathedral

Gather with us for our monthly in-person labyrinth walk, held on the beautiful wood inlay labyrinth in Trinity's Kempton Hall. (In person only) Kempton Hall, Trinity Cathedral, 147 NW 19th Ave, Portland, OR 97209, USA

Virtual Labyrinth Walk 8:00 PM | Zoom

Join the Trinity Labyrinth Guild every third Monday for a virtual labyrinth walk! Even when walked with your finger, the labyrinth is a wonderful tool to quiet the mind and find deep peace. Directions and music provided. (Zoom Only). **REGISTER IN ADVANCE:**

https://us06web.zoom.us/meeting/register/tZlkceGqqTsjHNWNhTF_gnMriZvr5W7QzRHV

Downloadable labyrinths are available at: <https://labyrinthssociety.org/activities/printables/>