

St. Anne's Connections

The Newsletter of
St. Anne's Episcopal Church,
Washougal, WA



CONNECT, SERVE & CELEBRATE
in God • in Community • in Nature

<https://www.stanneswa.com/> | office@stanneswa.com
<https://www.facebook.com/StAnnesWashougal>



A Note from Rev. Annie

Rev. Annie is taking a writing break for summer. Please enjoy the info about St. Anne below.

The Feast of St. Anne

Tradition names St. Anne as the mother of the Virgin Mary, and Jesus' grandmother. In the church calendar her feast day is July 26. We will celebrate on **Sunday, July 27** with a potluck following the service. Watch for signups to help with set-up, clean-up, and to bring food for the potluck!

The following is taken from Lesser Feasts and Fasts (2024 ed.):

The gospels tell us little about the home of our Lord's mother. She is thought to have been of Davidic descent and to have been brought up in a devout Jewish family that cherished the hope of Israel for the coming kingdom of God, in remembrance of the promise to Abraham and his descendants.

In the second century, devout Christians sought to supply a more complete account of Mary's birth and family, to satisfy the interest and curiosity of believers. An apocryphal gospel, known as the Protevangelium of James or The Nativity of Mary, appeared. It included legendary stories about Mary's parents, Joachim and Anne. These stories were built out of Old Testament narratives of the births of Isaac and of Samuel (whose mother's name, Hannah, is the original form of Anne), and from traditions of the birth of John the Baptist. In these stories, Joachim and Anne—the childless, elderly couple who grieved that they would have no posterity—were rewarded with the birth of a girl, whom they dedicated in infancy to the service of God under the tutelage of the temple priests.



In 550, the Emperor Justinian I erected in Constantinople the first church to Saint Anne. The Eastern churches observe her festival on July 25. Not until the twelfth century did her feast become known in the West. Pope Urban VI fixed her day [July 26], in 1378, to follow the feast of Saint James. Joachim has had several dates assigned to his memory; but the new Roman calendar of 1969 joined his festival to that of Anne on this day.

EVENTS & UPDATES

Pentecost Baptisms!

“You are sealed by the Holy Spirit in Baptism and marked as Christ's own for ever. Amen.”



Margaret Gould & Amanda Greatwater-Ramsay

Summer Lunch Program

Refuel Washougal is providing summer lunches to kids age 18 or younger at Hathaway Park in Washougal. St. Anne's is providing the use of our kitchen for the prepping of the lunches.

Please **donate food for the lunches** by going to [Refuel's Amazon Wishlist](#) and selecting some items. They will ship to Fran Whitmeyer, President of the Board for Refuel.

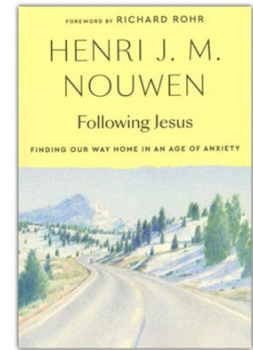
The signup page to **help deliver lunches** is: [https://www.signupgenius.com/go/904084DAAAE2BA7FF2-56828283-summer#/.](https://www.signupgenius.com/go/904084DAAAE2BA7FF2-56828283-summer#/) NOTE: Navigate to the CALENDAR view, rather than the list view. Then you can select the days you can help deliver lunches, one at a time.

If you can help **pack the bag lunches**, please sign up for that here: [https://www.signupgenius.com/go/904084DAAAE7FF2-57070230-summer#/.](https://www.signupgenius.com/go/904084DAAAE7FF2-57070230-summer#/)



Contemplative Service with Taize: A meditative service based on Night Prayer from the New Zealand Prayer Book, this service combines Taize music with readings and prayers. Individual prayers are also available, if desired. The service will be Friday, July 11 at 6:30 pm, at St. Luke/San Lucas Episcopal Church, 426 E Fourth Plain Blvd., Vancouver. For questions, please contact Deacon Lynette at sl2.deacon@gmail.com.

Book Club: Meets Wednesdays at 10:30am in the downstairs conference room (Hubbard Hall). We are reading: Following Jesus: Finding Our Way Home in an Age of Anxiety, by Henri J. M. Nouwen. Everyone is welcome to join us!



Vancouver Pride in the Park, July 12, 10:00 am

The Episcopal Churches of Clark County will have a joint booth and presence at the annual Pride in the Park event. With rubber ducky races and other activities for adults and children alike, volunteers from the five area Episcopal Churches will show our love in the world. Join us! <https://ecww.org/event/vancouver-pride-in-the-park/>.

The Grethe Barber Prayer Shawl Ministry: We're taking a break over summer and will not meet in July or August. If you are interested in this ministry please email prayershawls@stanneswa.com for additional information. Nine completed prayer shawls were blessed at church on Sunday, June 29, and most of them were taken to give away.



Oregon and SW Washington Episcopal Cursillo will offer a monthly Zoom Ultreya online the first Wednesday of each month, beginning June 4, at 7pm. For details, including the Zoom link, visit <https://tinyurl.com/OregonZoomUltreya>; a link can also be found at the main Oregon and SW Washington Cursillo website: <https://www.oregon-cursillo.org/>. Please contact Kevin Mallon at k.mallon@frontier.com or 503-863-1973 for more information and how you can help. Visit our Facebook group: <https://facebook.com/groups/94289009763>. Share the love and show your support.

Pledges: We run a tight ship here at St. Anne's and it makes a big difference when we receive your pledges weekly or monthly. Please help the Bishop's Committee and our financial team be good stewards of your pledge and donations by maintaining your financial contributions year-round. Please prayerfully consider sharing a portion of your tax return or any unexpected financial gifts with St. Anne's. Our ability to be a loving and progressive place for worship, community and service depends on your support in volunteer time, sharing skills and your commitment to contributing money to cover our costs. Thank you so much!

ST. ANNE'S TREASURER'S REPORT As of May 31, 2025		
INCOME		
	YTD Actual	YTD Budgeted
Pledges	\$58,503.07	\$56,615.00
Other Contributions	\$10,445.98	\$11,560.00
Total Income	\$68,949.05	\$68,175.00
EXPENSES		
Total Expenses	\$87,155.67	\$88,635.00
NET	(\$18,206.62)	(\$20,460.00)

Altar Flowers: A lovely way to honor a loved one is to donate Altar flowers in their name. Please use the "Altar Flowers Sign Up" poster in the parish hall. A \$50 donation would be greatly appreciated! Please indicate on the check or pledge envelope "flowers." Flowers may be donated for any reason - in memory, for a birthday, or just because. Thank you!

Notes from the Kitchen: We all love our coffee hours after church. Treat providers are needed to keep them going in July since so many are away during these summer months. If you can bring in goodies, please sign up on the clip board downstairs. **Clean-Up Help** is needed after each coffee hour. This is easy and with many hands it goes quickly. The directions are posted in the kitchen. Teamwork makes Dream Work!



St. Anne's Serves Our Community!

- ❖ **Resource Hour:** Resource Hour meets on the 1st and 3rd Wednesdays of each month, from 3-4pm in the Parish Hall, and we invite various agencies to attend and present what they can do to help those with various needs. Contact our Deacon, Rev. Sheryl, with any questions.
- ❖ **Refuel Washougal:** Refuel serves a hot meal to anyone who comes to the Washougal Community Center on Fridays from 4-6pm. St. Anne's remaining service dates are **Sept. 12 and Nov. 14**. Contact Fran Whitmeyer with any questions.
- ❖ **Safe Stay Car Camping Program.** St. Anne's Safe Stay program honors our commitment to serve our community by providing a place for people living in their cars to park at night. Contact Mary Tipton or safestay@stsnneswa.com.

Ways to Pray and Worship

Prayer Requests and Prayer List

If you would like prayers for yourself or a loved one, please add their name to our prayer list. There are a few ways to do this: prayer cards are in the pews, a request for prayer is available by clicking on “Pray” on our website, or contact Rev. Annie or Rev. Sheryl, in person or by phone call, text, or email. You can also send an email to prayerministry@stanneswa.com. We list people by first names only for privacy.



We give thanks for our mutual interdependence in Christ, and pray for healing of body, mind, and soul:

For Parish members, especially: Shirley, Quinn, Teddy, Ron, Stephen, Marlene, Anne, Don

For the homebound, especially: Odell, Edith, Bill, and Mary

For our family and friends, especially: Bruce, LeeAnn, Fiona, Michael, Gabe, Victor, Lorraine, Dave, John, Jeri, Susan, John, Rhoda, Dan, Liz, Felix, Mica, Sandy, Charlotte, the Ball family, the Allen family, Aaron, Kathy and Pauline, the Baker family, Pam, Laura

For our Safe Stay guests: Steve, John, Randy, Kevin & Gaia, David, Seth and Conner, Jahnse and for those who reach out to help them.

For those who have said no prayers, and for whom no one has prayed.

The Chapel upstairs is open for silent prayer before worship on Sunday mornings at 9:30. Prayer books and Bibles are in the seat pockets for your convenience.



Our service of **Healing Prayer and Eucharist** is Wednesdays at noon. All are welcome to join us in the Chapel. The breezeway gate by the front door of the church will be open to enter on that level for those who find stairs difficult. A unique service focused on healing for yourself or to pray for a loved one.

Easy Ways to Participate in our Ministries

- ❖ **Sidewalk Pantry** – **Food is gone as soon as it is put out!** The need is great. Our sidewalk pantry can always use your donations of food for the needy. As soon as food is added it is gone! Please consider picking up a few extra items at the grocery store and bringing them each Sunday. See this list of most needed items [here](#). Used books also welcome.
- ❖ **Manna Bags** - Items to fill Manna Bags are available in the Parish Hall. Put a few items in a baggie and hand them out to those in need. We can always use donations of travel sized toiletries, new socks, tooth brushes, etc.
- ❖ **Stewardship** - Give back to God from all the gifts God has given us. We invite you to share your gifts of Time, Talent, and Treasure with St. Anne's and our local community. Please ask how you can

share. *Thank you!*

TIME – Your gift of time is unique, because you are the only one who can give it.

TALENT – Your gift of talent is a special gift only you can give. In the words of St. Francis of Assisi, “It is in giving that we receive.”

TREASURE – Your financial contribution is important for the ministry of St. Anne’s. If viewing online, you can click on the Donate button. Online or viewing in print, you can scan our new QR code!

Donate



- ❖ **Laundry Love Project** –. This program helps people in need wash their clothes. This is an ongoing community-wide program that St. Anne’s supports. Bring your quarters, dollars, or checks (made out to Camas Friends Church, note in memo line: Laundry Love) and put in the jar at the back of the church. Friends Church gives cards to those needing to wash their clothes which they redeem for quarters at the laundromat. Friends Church then reimburses the laundromat.

St. Anne’s Bishop’s Committee

Please check the bulletin board in the Parish Hall for the most recently approved meeting minutes and financial report. The next Bishop’s Committee meeting is **not yet set**.

Contacts:

- ✚ **OFFICE** – office@stanneswa.com
- ✚ **Vicar** – The Rev. Annie Calhoun: 949-300-8434 or revannie@stanneswa.com
- ✚ **Deacon** – The Rev. Sheryl Haase: deacon@stanneswa.com
- ✚ **Senior Warden:** Paul Anderson: srwarden@stanneswa.com
- ✚ **Pastoral Care & Prayer Ministry** - The Rev. Annie Calhoun and The Rev. Sheryl Haase: prayerministry@stanneswa.com
- ✚ **Altar Guild** - Tusie Hodgin or Kim Noll
- ✚ **Audio/Visual** – Chip Lees
- ✚ **Buildings & Grounds:** buildingsgrounds@stanneswa.com
- ✚ **Coffee Hour** and food for special events - Roger Rissler and Maryanne Lovell
- ✚ **Communications** - Janet Fischer, Chip Lees, Rev. Annie @ communications@stanneswa.com
- ✚ **Finance Team** – treasurer@stanneswa.com
- ✚ **Flowers** – Jan Freitag
- ✚ **Laundry Love** – Bonnie Jean Ione
- ✚ **Nursery & Sunday School** – Meg Sundseth
- ✚ **Readers/Lectors** – Mary Tipton
- ✚ **ReFuel Washougal** – Fran Whitmeyer
- ✚ **Safe Stay Ministry** – Mary Tipton, Chair, or the whole group @ safestay@stanneswa.com
- ✚ **Ushers and outdoor set-up** - Chip Lees



Image courtesy of StockCake.com

THE WIDER CHURCH



The Episcopal Diocese of Olympia

The Episcopal Church in Western Washington

<https://ecww.org>

You can sign up for diocesan newsletters to be delivered directly to your email. Go to <https://ecww.org/> and scroll to the bottom of the page for the link to newsletters.

Our cathedral, St. Mark's in Seattle, has a quarterly publication: *The Rubric*. The issues are available online at <https://saintmarks.org/connect/the-rubric/>.

Events at Trinity Episcopal Cathedral

147 NW 19th Avenue (at NW Everett)

Portland, Oregon 97209

Check out the Cathedral's events at:

<https://www.trinity-episcopal.org/spiritual-formation-special-events>

Contemplative Chanting

Join us every 2nd & 4th Tuesday for sacred chant. We will chant the Psalms (using both the Biblical and the Nan Merrill translations), Taize, Gregorian, contemporary and Songs of the Presence as a way to connect with the Spirit in prayer.

Free to attend, but advance registration is required. Registration is always open; join anytime!

Register in Advance:

<https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=ODdjMzljMzMtMmE5Mi00ZDg5LWFhNDgtYjBlMTAwMDkyMDAy>

Contemplative Prayer Group ONLINE

Join fellow spiritual seekers every Saturday morning on Zoom for a group contemplative practice – a wonderful way to find support for your own meditation practice. All mindfulness practices & religious traditions are welcome! No experience necessary.

Register at:

<https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=NTZjMzZlMWItOTQxOS00N2Q4LWFmM2QtYWVmMDAwYzUzNDM2>

Questions? Contact Pat Zimmer (przimmer@comcast.net)

Public Labyrinth Walk, Tue, Jul 15

Kempton Hall, Trinity Cathedral

Gather with us for our monthly in-person labyrinth walk, held on the beautiful wood inlay labyrinth in Trinity's Kempton Hall. (In person only) Kempton Hall, Trinity Cathedral, 147 NW 19th Ave, Portland, OR 97209, USA

Virtual Labyrinth Walk Mon, Jul 21, 7:00 PM – 8:00 PM | Zoom

Join the Trinity Labyrinth Guild every third Monday for a virtual labyrinth walk! Even when walked with your finger, the labyrinth is a wonderful tool to quiet the mind and find deep peace. Directions and music provided. (Zoom Only).

REGISTER IN ADVANCE:

https://us06web.zoom.us/meeting/register/tZlkceGqqTsjHNWNhTF_gnMriZvr5W7QzRHV

Downloadable labyrinths are available at: <https://labyrinthsociety.org/activities/printables/>