

St. Anne's Connections

The Newsletter of
St. Anne's Episcopal Church,
Washougal, WA



CONNECT, SERVE & CELEBRATE
in God • in Community • in Nature

<https://www.stanneswa.com/> | office@stanneswa.com
<https://www.facebook.com/StAnnesWashougal>

A Note from Rev. Annie



Happy New Year!

I'm so thankful for God's presence here at St. Anne's and for all the support and love expressed within this community. As we move into 2025, my prayers are for all of us to continue to do our best loving God and proclaiming in words and in actions the Good News of Jesus Christ.

Recently we updated our welcome on our website to reflect who we are as Christians:

"Our mission today is the same as it was yesterday and will be tomorrow: To love God, to love our neighbors as ourselves, to feed the hungry and welcome the stranger, to uphold the dignity of every human being, and to be peacemakers in a time of strife. We are followers of Jesus the Christ."

This summarizes both Jesus' commandment to love in all circumstances and our Baptismal promises. To live this life as a follower of Jesus, we need support from God and encouragement for each other. This is why we regularly gather to pray, worship, and receive the spiritual food needed for our journey with Christ.

This quote from the 16th Century mystic Saint Teresa of Avila tells us a very straightforward truth:

"Christ has no body now on earth but yours, no hands but yours, no feet but yours. Yours are the eyes through which to look out Christ's compassion to the world. Yours are the feet with which he is to go about doing good; yours are the hands with which he is to bless others now."

I'm praying this new year brings greater joy to you and those you love, a deepening relationship with Christ and the encouragement you need to continue to bring Christ's love to our world.

God's Blessings and Peace,
Annie+

COMING UP:

Celebration of the Epiphany, Sunday January 5, 10AM service.

Queer in Christ: This group will meet **Sunday, January 12, at 7 pm**, in the parish hall at St. Luke/San Lucas. We look forward to a time of community and planning for the next year's activities.



Contemplative Service with Taizé music: On **Tuesday, January 21, at 6:30 pm**, St. Luke/San Lucas will host a contemplative service with Taizé music. Based on the Night Prayer liturgy from the New Zealand Prayer Book, this service provides a quiet space and prayer for those desiring a more contemplative experience. Open to all.

Annual Meeting Sunday, February 2nd after church in the Parish Hall.

Want to hear about all that's going on at St. Anne's? Then come to the Annual Meeting on Sunday **February 2** in the parish hall after our 10AM worship service. We will present reports from all areas of ministry, learn about the 2025 budget and financial status and goals, and celebrate our successes as a community of faith. Hope you can be there!

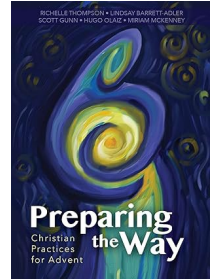
Pictures from the Christmas Pageant



Updates & Communications

- ❖ Please send any updates, additions, or corrections to your information for an updated church directory, coming soon. Thank you! Send to: communications@stanneswa.com. We plan to have a new directory available for the Annual Meeting.

- ❖ **Advent Book Study. Preparing the Way: Christian Practices for Advent.** Last class is **Wednesday, January 8** at 11am in the downstairs conference room.



- ❖ **Altar Flowers**

A lovely way to honor a loved one is to donate Altar flowers in their name. Please use the “**Altar Flowers Sign Up**” poster in the parish hall. A \$50 donation would be greatly appreciated! Please indicate on the check or pledge envelope “flowers.” Flowers may be donated for any reason - in memory, for a birthday, or just because. Thank you!

- ❖ **Prayer Shawl Ministry**

Do you knit or crochet, or want to learn how? A Prayer Shawl Ministry involves either knitting or crocheting shawls from simple patterns. They are made with prayers and can be blessed at a Sunday morning church service, then given to anyone who is recovering from illness or injury, who is homebound, or who has suffered bereavement. This gives them a tangible reminder that that we care about them and are praying for them. It also has the added benefit of warming cold shoulders! Please talk to Rev. Grethe if you are interested, or email prayershawls@stanneswa.com. We can provide simple patterns for knit or crochet.

- ❖ **Interested in joining the AV crew?**

We can always use more people to help with the Sunday morning camera to live-stream to our Facebook page, and to do the slides for the screen up front. Training will happen! If you are interested, please contact Chip Lees.

- ❖ **Notes from the Kitchen**

We have four Sundays in January! There is a coffee hour sign-up sheet on the wall by the door downstairs. Spontaneity also works! If you have a favorite recipe or want to try something new, now is your chance!



ST. ANNE'S SERVES OUR COMMUNITY!

- ❖ **Refuel Washougal:** Due to the renovation of the Washougal Community Center, your Bishop's Committee has given permission for Refuel to use our downstairs dining room and kitchen to prepare and serve Friday meals. All dates are on Fridays from 2-6pm.
St. Anne's next day to serve is **January 10th**.



- ❖ **Meals on Wheels:** Again, due to the renovations at the Community Center, St. Anne's is also hosting Meals on Wheels. All in need are welcome to come and pick up groceries for free! Mondays from: 12-1pm.



~ ~ ~ ~ ~

Ways to Pray and Worship

Prayer Requests and Prayer List



If you would like prayers for yourself or a loved one, please add their name to our prayer list. There are a few ways to do this: prayer cards are in the pews, a request for prayer is available by clicking on "Pray" on our website, or contact Rev. Annie or Rev. Grethe in person or by phone call, text, or email. You can also send an email to prayerministry@stanneswa.com. We list people by first names only for privacy.

The Chapel upstairs is open for silent prayer before worship on Sunday mornings at 9:30. Prayer books and Bibles are in the seat pockets for your convenience.

Our service of **Healing Prayer and Eucharist** is **Wednesdays at noon**. All are welcome to join us in the Chapel. The breezeway gate by the front door of the church will be open to enter on that level for those who find stairs difficult. A unique service focused on healing for yourself or to pray for a loved.



~ ~ ~ ~ ~

Easy Ways to Participate in our Ministries

- ❖ **Sidewalk Pantry** - Our sidewalk pantry can always use your donations of food for the needy. As soon as food is added it is gone! Please consider picking up a few extra items at the grocery store and bringing them each Sunday. See this list of most needed items [here](#). Used books also welcome.

- ❖ **Manna Bags** - Items to fill Manna Bags are available in the Parish Hall. Put a few items in a baggie and hand them out to those in need. We can always use donations of travel sized toiletries, new socks, tooth brushes, etc.
- ❖ **Stewardship** - Give back to God from all the gifts God has given us. We invite you to share your gifts of Time, Talent, and Treasure with St. Anne's and our local community. Please ask how you can share. *Thank you!*

TIME – Your gift of time is unique, because you are the only one who can give it.
 TALENT – Your gift of talent is a special gift only you can give. In the words of St. Francis of Assisi, “It is in giving that we receive.”
 TREASURE – Your financial contribution is important for the ministry of St. Anne's.
- ❖ **Laundry Love Project** – This program helps people in need wash their clothes. This is an ongoing community-wide program that St. Anne's supports. Bring your quarters, dollars, or checks (made out to Camas Friends Church, note in memo line: Laundry Love) and put in the jar at the back of the church. Friends Church gives cards to those needing to wash their clothes which they redeem for quarters at the laundromat. Friends Church then reimburses the laundromat.

~ ~ ~ ~ ~

St. Anne's Bishop's Committee

Please check the bulletin board in the Parish Hall for the most recently approved meeting minutes and financial report. The next Bishop's Committee meeting is **January 12th** after church. We will discuss and vote on the 2025 budget.

Contacts:

- ❖ **OFFICE** – office@stanneswa.com
- ❖ **Vicar** – The Rev. Annie Calhoun @ 949-300-8434
or revannie@stanneswa.com
- ❖ **Deacon** – The Rev. Sheryl Haase @ deacon@stanneswa.com
- ❖ **Senior Warden:** Paul Anderson @ srwarden@stanneswa.com
- ❖ **Pastoral Care & Prayer Ministry** - The Rev. Annie Calhoun and The Rev. Grethe Barber @ prayerministry@stanneswa.com
- ❖ **Altar Guild** - Tusie Hodgin or Kim Noll
- ❖ **Audio/Visual** – Chip Lees
- ❖ **Bike Club** – Wayne Hodgin
- ❖ **Buildings & Grounds:** buildingsgrounds@stanneswa.com
- ❖ **Coffee Hour** and food for special events - Roger Rissler and Maryanne Lovell
- ❖ **Communications** - Janet Fischer, Chip Lees, Rev. Annie @ communications@stanneswa.com
- ❖ **Finance Team** – treasurer@stanneswa.com
- ❖ **Flowers** – Jan Freitag



- ❖ Laundry Love – Tusie Hodgin
- ❖ Nursery & Sunday School – Meg Sundseth
- ❖ Readers/Lectors – Mary Tipton
- ❖ ReFuel Washougal – Fran Whitmeyer
- ❖ Safe Stay Ministry – Mary Tipton, Chair, or the whole group @ safestay@stanneswa.com
- ❖ Ushers and outdoor set-up - Chip Lees



The Episcopal Diocese of Olympia
The Episcopal Church in Western Washington
<https://ecww.org>

You can sign up for various diocesan newsletters to be delivered directly to your email. Go to <https://ecww.org/> and scroll to the bottom of the page for the link to newsletters.

Our cathedral, St. Mark's in Seattle, has a quarterly publication: ***The Rubric***.
 The issues are available online at <https://saintmarks.org/connect/the-rubric/>.

[The Spiritual Approach to the Enneagram: A Map to Inner Wisdom](#) at St. Mark's Cathedral, Seattle.
FRIDAY, JANUARY 10, 2025, 6:30–8:30 P.M.
and SATURDAY, JANUARY 11, 2025, 9:30 A.M.–2:30 P.M., in person and via Zoom
 \$65, includes light snacks, breakfast items, and lunch. Partial scholarships are available.

This two-part workshop will approach the Spirituality of the Enneagram in ways we have not previously considered in the Wisdom School. Friday evening's session will use the foundational concept of the soul child to describe the nine types with specific egoic reactions that come when disconnected from our original goodness.

FORMA: National Faith Formation Conference (Hosted by the Diocese of Olympia)
 January 27-30. | Brunett Retreat Center at the Palisades | \$120 – \$295 Registration (Scholarships Available). [Register here](#).

All ministry leaders who work in faith formation – clergy, staff, and volunteers – are invited to experience the annual Forma Conference in community. The Diocese of Olympia will host a west coast gathering at the Retreat Center at the Palisades, just south of Seattle. The Retreat Center is located on 39 forested acres and on a beachfront bluff overlooking Puget Sound – the perfect place to “rest a while.” We'll balance our time viewing an amazing array of conference speakers and workshop sessions with time for thoughtful discussion, as well as sharing of best practices, strategic planning, and spiritual enrichment.



You're invited to attend a Cursillo Weekend March 20-23, 2025!

The next Co-Ed (for all adults) Cursillo Weekend is scheduled for Thursday, March 20 through Sunday, March 23, 2025 in Turner, Oregon. If you are interest in attending but don't have someone to sponsor you (someone in your congregation who has been to a Cursillo weekend), send us an email (oregoncursillo@gmail.com) and we will connect you to a sponsor. (To learn more about what a Cursillo weekend is all about, [click here](#).)

For those of you who have been on a weekend retreat, have you thought about sponsoring someone? Have you thought about being on the Team? Are you nervous to step out of your comfort zone? Maybe you have never done this before. Or maybe you have been on a team before and are looking forward to reconnecting with old friends and meeting some new ones!

We have openings for all levels - both new and seasoned team members. Many roles are available: Palanca, Table Leader, Angels, Music team, Spiritual team. We need speakers for Rollos, too - let us know what interests you! If you can't be there the entire weekend, we need day angels and prayer warriors, too!

And remember that one of the nicest things you might ever do for someone is ask, "May I sponsor you to attend a Cursillo Weekend? I think you'd have a great time!" See the [website](#) for a video on sponsoring, materials to give to a candidate, and forms to be completed by various parties. Scholarships are available for sponsors who need them. Please contact Rev. Sheryl with any questions: deacon@stanneswa.com.