

How are our beliefs shaped?
Learn why we're attracted to "us vs. them" thinking
and how to counter it.

Saturday Aug. 17 9:30 am - noon

St. Anne's Episcopal Church in Washougal.

It's free and open to all; coffee and bagels will be served.

"No Us, No Them: How to Make Sense of a Complex World,"

"How the complexity of the world and the distorting effects of media create "us vs. them" thinking -- and how that thinking damages our social fabric. This 2.5 hour event is for anyone who wants to pick apart our beliefs about how issues are generated; how our media consumption habits limit our viewpoints; and how we can test our confidence in our beliefs through a simple technique called "thinking in bets."

The trainer is Ryan Nakade from Cure:PNW

"Ideological and political violence is contagious, and we are all part of the cure"

Addressing division & violence in the great Pacific Northwest before it starts by welcoming and respecting all voices while providing space to be heard, seen and acknowledged. Cultivating peace across the ideological & political spectrum. Alleviating tensions and resolving conflict through storytelling & active listening.

Sponsored by:



<https://eastcountyvoices.org>

ECCA builds community and strengthens our social fabric by recruiting volunteers to beautify public spaces, assist members of the community with basic needs, and support students and teachers. We also nurture our collective sense of belonging through art and cultural projects:

- SR-14 trash clean up days and wildflower planting along Route 14 and in downtown Washougal
- Feeding the hungry at "Refuel" Washougal
- Camas -Washougal "Stuff the Bus" food drive
- Youth Mental Health First Aid training
- Mentoring for academic success at Washougal High pairs trained community members with students in need of academic support
- East County Voices

Please let us know you're attending: <http://forms.gle/RMFNW1drBda4oMxp8> or tell Rev Annie